

should be scrubbed thoroughly and frequently. Plenty of soap and water is much better than disinfectant. A dirty jail indicates lax management. If vermin is found, take prompt steps to exterminate it.

There should be but one bunk in a cell. Each bunk should be furnished with a clean mattress of proper size, two sheets, a pillow with slip, and a sufficient supply of blankets. Straw ticks are a fire menace.

Each prisoner on admission should receive clean blankets, sheets and pillow slips which should be changed at least weekly. Blankets should be aired frequently in the sun and laundered periodically.

Prisoners should be required to bathe immediately on admission. Their clothing should be examined and if unclean should be fumigated and washed. Baths should be required at least weekly and oftener where prisoners are employed at unclean work or in the kitchen, or handling food.

Clothing of inmates should be washed at least weekly and changes provided