

should be varied. Waste should be avoided.

All inmates assigned to assist in preparing or handling food should be permitted to do so only upon certificate of the jail physician as to their proper physical health.

## HEALTH

The Correction Law makes it mandatory for boards of supervisors to appoint a reputable physician to the county jail. He should examine prisoners as soon as possible after admission to the jail and any with contagious and infectious disease should be promptly segregated and receive proper medical treatment until active stage has passed. Food should be served them on dishes set apart for that purpose; clothing and bedding should be washed separately; and when such prisoners are discharged all bedding should be thoroughly sterilized or destroyed.

Jail officers should not prescribe medicines for inmates, but should call the jail physician when cases of illness are reported.