

locked out upon request after one-half of the period. At this time, prisoners who have been locked out shall be locked in upon request.

Section 6.4 *Schedule*

Each institution shall maintain and distribute to all prisoners or post in each housing area its lock-out schedule, including the time during each lock-out period when prisoners may exercise the options provided by Section 6.3.

Section 6.5 *Effective Date*

This Part shall take effect May 1, 1978.

PART 7—RECREATION

Section

- 7.1 Policy
- 7.2 Recreation Areas
- 7.3 Recreation Schedule
- 7.4 Recreational Equipment
- 7.5 Recreation within Housing Area
- 7.6 Recreation for Prisoners in Segregation
- 7.7 Effective Date

Section 7.1 *Policy*

Prisoners shall be provided with adequate indoor and outdoor recreational opportunities.

Section 7.2 *Recreation Areas*

By September 1, 1978, indoor and outdoor recreation areas of sufficient size to meet the requirements of this part shall be established and maintained by each institution. An outdoor recreation area must allow for direct access to sunlight and air.

Section 7.3 *Recreation Schedule*

Recreation periods shall be at least one hour; only time spent at the recreation area shall count toward the hour. Recreation shall be available five days per week in the outdoor recreation area, except in inclement weather when the indoor recreation area shall be utilized. By September 1, 1978, such recreation shall be available daily.

Section 7.4 *Recreational Equipment*

The Department shall make available to prisoners an adequate amount of equipment during the recreation period. A list of the equipment available at each institution shall be submitted to the Board within 30 days of the effective date of this standard.

Section 7.5 *Recreation Within Housing Area*

(a) Prisoners shall be permitted to engage in recreation activities within cell corridors and tiers, dayrooms and individual housing units. Such recreation may include but is not limited to:

- (i) table games;
- (ii) exercise programs; and
- (iii) arts and crafts activities.

(b) Recreation taking place within cell corridors and tiers, dayrooms and individual housing units shall supplement, but not fulfill, the requirements of Section 7.3.

Section 7.6 *Recreation for Prisoners in Segregation*

Prisoners confined in administrative or punitive segregation shall be permitted recreation in accordance with Section 7.3.

Section 7.7 *Effective Date*

This Part shall take effect May 1, 1978.

PART 8—RELIGION

Section

- 8.1 Policy
- 8.2 Exercise of Religious Beliefs
- 8.3 Congregate Religious Activities
- 8.4 Religious Advisors
- 8.5 Celebration of Religious Holidays or Festivals
- 8.6 Religious Dietary Laws
- 8.7 Religious Articles
- 8.8 Exercise of Religious Beliefs by Prisoners in Segregation
- 8.9 Recognition of a Religious Group or Organization
- 8.10 Limitations on the Exercise of Religious Beliefs
- 8.11 Effective Date

Section 8.1 *Policy*

Prisoners have an unrestricted right to hold any religious belief, and to be a member of any religious group or organization, as well as to refrain from the exercise of any religious beliefs. A prisoner may change his or her religious affiliation.

Section 8.2 *Exercise of Religious Beliefs*

(a) Prisoners are entitled to exercise their religious beliefs in any manner that does not constitute a clear and present danger to the safety or security of an institution.